



Children Beginners Course in Shotokan Karate

- Start Date 6th January 2025
- Clewer Parish Hall Parsonage Lane Windsor SL4 5EN
- Classes every Monday and Thursday
- Time 6.30 to 7.30pm
- The basic level course will consist of;
 - Etiquette and procedures of the Dojo
 - Basic principles of karate,
 - Stance, Punching, Blocking and Kicking
- Shotokan Karate Kata
- Pair work - controlled sparring
- Gradings are held at the end of each Term
- Limited class numbers
- Membership fee; payable once a year = £30.00
- Course fee: Training once a week = £98 per Term
- Course fee: Training twice a week = £168.00 per Term

To enrol please complete the membership form and email it to; ashleygjansen@gmail.com

Payment by Bank Transfer: Payable to:

The School of Traditional Karate: Sort Code: 206520. Account No: 83917207



www.windsorkarate.org.uk